Follow-Up After High-Intensity Care for Substance Use Disorder (FUI)

Measure Description

The percentage of acute inpatient hospitalizations, residential treatment, and withdrawal management/ detoxification visits or discharges for a diagnosis of substance use disorder (SUD) among members 13 years of age or older that resulted in follow up care for a diagnosis of SUD within 7 and 30 days. Two rates reported:

- Follow-up within 7 days after an episode for substance use disorder.
- Follow-up within 30 days after an episode for substance use disorder.

Criteria for meeting the measure:

When the member attends a follow up appointment with **any practitioner** for a principal diagnosis of substance use disorder after within the 7 or 30 days after the episode for substance use disorder.

Appointment types that count as a follow-up visit:

- Residential treatment
- Acute or non-acute inpatient treatment
- Outpatient behavioral health
- Intensive outpatient therapy
- Partial hospitalization
- Substance Use Treatment facility
- Opioid treatment service
- Substance use counseling
- Pharmacotherapy dispensing event
- Medication treatment event

*Note: Follow-up does not include withdrawal management/ detoxification. To comply with the measure, the principal diagnosis **must be** substance use disorder.*

Best Practices and Tips for Providers to Improve Member Outcomes

- With member consent, involve member, and family or other supports, in the discharge planning and follow up care.
- Schedule follow up appointments prior to member being discharged.
- Educate members on the importance of treatment adherence and follow up care.
- Offer telehealth appointments for follow-up visits.
- Outreach to members who do not attend their follow up appointment and assist them with rescheduling.
- Encourage the member to sign a release of information for all treating providers.
- Communicate with primary care physicians and other providers involved with the member's treatment to ensure continuity and coordination of care to support a whole person approach.
- Ensure appropriate documentation, accurate coding and submit claims in a timely manner.

FUI is a Healthcare Effectiveness Data and Information Set (HEDIS®) measure. See the National Committee for Quality Assurance (NCQA) website for more details.